National ACT Virtual Meet-Up

Lorna Moser, PhD
Maria Monroe-DeVita, PhD

2.7.22

Northwest (HHS Region 10)
MHTTC Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

We will begin soon!

UW Medicine
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES

UNC INSTITUTE FOR BEST PRACTICES
part of the UNC Center for Excellence in Community Mental Health

Agenda

- **Brief Introductions**
- **Special Topic: *Working with Individuals Involved in the Justice System***
  - Panelists from Oregon, Minnesota, & Virginia ACT and FACT teams
- **Open Mic**
- **Wrap-Up –** A reminder we are meeting Monday, 3/7, 5/2, & 7/11 3-4:30 Eastern

UW Medicine
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES

Northwest (HHS Region 10)
MHTTC Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

UNC INSTITUTE FOR BEST PRACTICES
part of the UNC Center for Excellence in Community Mental Health

HOUSEKEEPING

MUTED

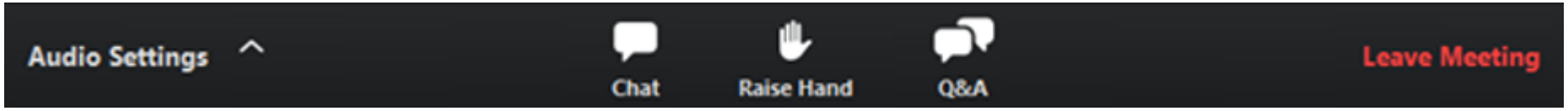
VIDEO
OFF

RECORDING

SLIDES

Northwest (HHS Region 10)
MHTTC
Mental Health Technology Transfer Center Network

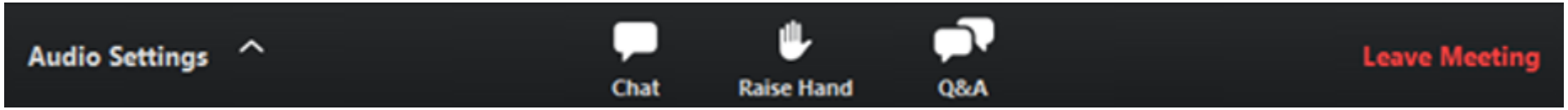
USING CHAT



Northwest (HHS Region 10)
MHTTC
Mental Health Technology Transfer Center Network

ASKING QUESTIONS

Q&A BOX



Introductions!

Lorna Moser, PhD
Associate Professor,
Dept of Psychiatry
UNC Chapel Hill

Maria Monroe-DeVita, PhD
Associate Professor,
Dept of Psychiatry
University of Washington

Co-Authors of the Tool for Measurement of ACT (TMACT)

Licensed Clinical Psychologists

Mental Health Services & Implementation Researchers

Directors of Training and Technical Assistance Centers in our respective states and nationally

Director, Institute for Best Practices
UNC Center for Excellence in Community Mental Health

Co-Director, SPIRIT Lab
Co-Director, Washington State Center of Excellence in Early Psychosis

Special Topic: :
Working with Individuals Involved in the Justice System

Panelists from Oregon, Minnesota, & Virginia
ACT and FACT teams

Steve Harker, FACT Team, Minnesota
Liz Middleton, FACT Team, Oregon
Randy Plante, ACT Team, Virginia
Robyn Wheeler, FACT Team Minnesota

Excerpt from Forensic Assertive Community Treatment (FACT) Brief (SAMHSA PEP19-FACT-BR)

Like ACT, FACT provides services that are client-focused, community-based, time-unlimited, and delivered by a multidisciplinary team. These services include intensive, continuous engagement.

While FACT adds forensic components, providers should always ensure fidelity to the ACT model.

The following forensic components distinguish FACT from ACT:

- *Addressing criminogenic risk and needs as part of the treatment plan, including the use of evidence-based cognitive behavioral therapies shown to reduce recidivism*
- *Having a criminal justice partner and a peer specialist with lived criminal justice experience on the treatment team*
- *Serving clients with SMI who have prior arrests and incarcerations*
- *Leveraging sanctions and incentives imposed by the criminal justice agencies providing supervision, when appropriate*

Who are you serving?

What are typical referral sources?

How might “FACT” enrollees differ from typical ACT enrollees?

Are your FACT enrollees voluntarily in the service?

To what extent are you able to continue serving individuals once they are no longer under a civil or criminal order to receive FACT/ACT services?

Team Staffing

Who’s on deck?

FACT developers recommend following standard ACT program fidelity with additional adaptations for FACT.

Service Coordination

Assessing, identify, and meeting individual needs, which may be further complicated with criminal justice involvement.

Documentation and Outcome Tracking

Tracking impact

Documenting risk assessment, as well as service delivery and efforts.

Pro-Tips for All ACT Providers

Who are serving people involved in criminal justice system, and/or at higher risk of such involvement.

Open Q&A

Steve (MN), Robyn (MN), Liz (OR), and/or Randy (VA)

Shifting Gears

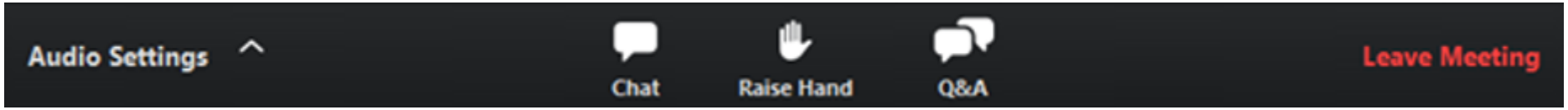
Pandemic → Endemic

Open Mic Session

Northwest (HHS Region 10)
MHTTC
Mental Health Technology Transfer Center Network

Open Mic!

Q&A BOX



Thank you & Reminders

- **Next National ACT calls:**
  - Monday, March 7, 2022
    - Cognitive-Behavioral Social Skills Training (CBSST) - Eric Granholm, PhD
  - Monday, May 2, 2022
    - Violence Risk Assessment – Sarah Kopelovich, PhD
  - Monday, July 11, 2022
    - TBD – we will want your input!

- **We welcome ideas/comments for topics of interest for our ongoing National ACT calls**

Northwest (HHS Region 10)
MHTTC
Mental Health Technology Transfer Center Network

EVALUATION

https://redcap.iths.org/surveys/?s=YMJTF7DYAD